PREVENTIVE MEDICAL SERVICES

This preventive services list is a summary to help plan members understand their medical coverage—it is not meant to take the place of medical care or advice. Members should ask their doctor which exams, tests and vaccines are right for them, when they should get them and how often. Many preventive services are advised based on age, gender, and the medical history of the patient and family. The list of no cost share preventive prescriptions is available at hr.iu.edu/benefits.

In general, preventive services are defined by recognized government agencies and professional organizations such as:

- AAFP—American Academy of Family Physicians
- AAP—American Academy of Pediatrics
- ACIP—Advisory Committee on Immunization Practices
- ACOG—American College of Obstetrics and Gynecology
- ATP III/NCEP—Adult Treatment Panel III/National Cholesterol Education Program
- ACS—American Cancer Society
- CDC—Centers for Disease Control and Prevention
- USPSTF—U.S. Preventive Services Task Force
- IRS—Internal Revenue Service/Department of Treasury (High Deductible Health Plan regulations)

BIRTH TO AGE 18 YEARS

Exams, Screenings, and Lab Tests
- Alcohol, Tobacco, and Drug Use Assessments
- Autism Screening
- Behavioral Assessments
- Blood Pressure, Height, Weight and Body Mass Index (BMI)
- Cervical Dysplasia Screening
- Cholesterol and Lipid Levels
- Counseling for Lowering Risk of Skin Cancer
- Counseling for Obesity and Diet
- Depression Screening
- Developmental Screening
- Dyslipidemia Screening
- Eye Chart Vision Screening
- Hearing Screenings
- Hemoglobin or Hematocrit (blood count)
- Hepatitis B Screening
- HIV Screening
- HPV Screening
- Lead Testing
- Newborn Screenings
- Obesity Screening and Counseling
- Oral Health Screenings
- Pelvic Exams and Pap Tests
- Sexually Transmitted Infections (STI)
- Prevention Counseling and Screening
- TB Screening
- Type 2 Diabetes Screening

Contraceptive Services
- HIV Screening
- Counseling
- HPV Screening
- Breastfeeding support and supplies (in-network)
- Covered services: Contraceptive Services

Immunizations
- COVID-19
- Diphtheria, Tetanus, Pertussis (DtA)
- Haemophilus influenza b (Hib)
- Hepatitis A and B
- Human Papillomavirus (HPV)
- Influenza
- Measles, Mumps, Rubella (MMR)
- Meningococcal (meningitis)
- Pneumococcal Conjugate (PCV)
- Polio
- Rotavirus
- Varicella

AGE 19 AND OVER

Exams, Screenings, and Lab Tests
- Alcohol, Tobacco, and Drug Use Assessments
- Autism Screening
- Behavioral Assessments
- Blood Pressure, Height, Weight and Body Mass Index (BMI)
- Cholesterol and Lipid Levels
- Colonoscopy or Sigmoidoscopy
- Colorectal Cancer Screenings
- CT Colonography (as appropriate)
- Depression Screening
- Developmental Screening
- Dyslipidemia Screening
- Eye Chart Vision Screening
- Hearing Screenings
- Hemoglobin or Hematocrit (blood count)
- Hepatitis B and C Screening
- HIV Screening
- Lung Cancer Screening
- Prostate Cancer (PSA)
- Tuberculosis Screening
- Chlamydia Screening
- Chorionic Villus Sampling
- Gestational Diabetes Screening
- Gonorrhea Screening
- Haemophilus influenza b (Hib)
- Hemoglobin or Hematocrit (blood count)
- HIV Screening
- Human Papillomavirus (HPV)
- Influenza (flu)
- Measles, Mumps, Rubella (MMR)
- Meningococcal (meningitis)
- Mumps, Rubella, Pertussis (Td/Tdap)
- Pneumococcal Conjugate (PCV)
- Polio (IPV)
- Rotavirus (RV)
- Varicella (chicken pox)
- Interpersonal and Domestic Violence Counseling
- Preeclampsia Prevention and Screening
- Rh Incompatibility Screening
- Rubella Immunity
- Syphilis Screening
- Urinalysis
- Well-Woman Services

Well-Woman Services
- Breastfeeding support and supplies (in-network)
- Contraceptive Services
- HIV Screening and Counseling
- HPV Screening
- Mammograms
- Maternal Postpartum Despression Screening
- Pap Test and Pelvic Exam
- Urinary Incontinence Screening
- Well-Woman Visits