



# Frequently Asked Questions (FAQ)

## Q: What is Weight Watchers?

**A:** The purpose of Weight Watchers is to inspire healthy habits for real life. No matter what your goal is—to lose weight, eat healthier, move more, develop a more positive mindset, or all of the above—they will bring you science-based solutions that fit into your life. WW welcomes everyone who seeks to be healthier, not just manage their weight.

## Eligibility

### Q: Who can take advantage of the WW membership plans?

**A:** The following individuals are eligible:

- Full-time (75% FTE or greater) academic and staff employees; and
- Spouses covered on an IU medical plan

To become a WW member, you must:

- Be at least 18 years old.
- Not be pregnant.
- Not have an active medical diagnosis of bulimia nervosa or anorexia nervosa.

### Q: Can my spouse join WW with me?

**A:** Spouses are eligible to participate only if they are enrolled on the eligible employee's IU-sponsored medical plan.

### Q: Can other members of my family join?

**A:** No. Unfortunately, the IU WW benefit is not available for dependents. Dependents can enroll at their own expense if they meet WW's membership criteria.

### Q: Are IU retirees eligible to participate?

**A:** No. Unfortunately, this program is only available to current active benefit-eligible employees and spouses enrolled in an IU-sponsored medical plan.

### Q: Can I continue WW even if I leave my job at IU or switch to a non-benefits eligible position?

**A:** If you leave the university or move to a non-benefits eligible position, you can continue WW, but at your own expense. You will no longer be eligible for participation through IU, as eligibility is tied to eligibility for and/or enrollment in IU-sponsored benefits. You will need to re-enroll through the [WW.com](http://WW.com) website.

### Q: I am a current WW member—can I join IU's WW Program?

**A:** Of course! There is an option to link your current account through the IU WW registration process. If you have any issues, call WW at 1-866-237-6032.

## Registration

### Q: How do I register?

**A:** To register, visit [IU.WW.com](http://IU.WW.com). You will need your 10-digit University ID. Spouses will also use the employee's University ID, but must add an "S" at the end. In addition, you will need IU's WW Employer ID: **15246810**. You must register online before attending a Workshop.

### Q: What is the IU WW Employer ID?

**A:** IU's WW Employer ID is **15246810**.

### Q: How do I easily locate my 10-digit University ID?

**A:** To find your University ID, visit [One.IU](http://One.IU) and search for **Employee Center**. Log in using your IU credentials then select **Benefit Details**, then **Benefit Summary**. Your 10-digit University ID will be located near the top left of the screen. Spouses will also use the employee's University ID, but must add an "S" at the end.



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## Q: Is there a registration deadline?

**A:** No. WW will provide ongoing registration to join at any time throughout the year.

## Q: What are the WW membership plans available through Indiana University?

**A:** You can choose the plan that fits your lifestyle:

- Option 1: **Core (digital only)**
- Option 2: **Premium (digital + workshops)**

## Q: Do I need to renew my membership?

**A:** No. Once you sign up for WW you will have an ongoing membership until you reach your goal, cancel, or are no longer eligible for the IU WW program.

## Q: How many times can I enroll? Can I start and stop my membership?

**A:** Enrollment is unlimited. Once you enroll, you will have ongoing membership until you reach your goal or decide to cancel. We understand weight loss is a journey, and life happens. If you cancel your membership at any time, you are always welcome back to re-enroll.

## Attending Workshops

### Q: Are Workshops available on campus?

**A:** No. WW is no longer able to provide at-work workshops. However, a Premium membership does give you access to a virtual workshop just for the IU community. To join the IU virtual workshop:

1. Download the WW app to your mobile device and log in.
2. Click [here](#) to access the IU Connect Group.

3. Once you have successfully joined the IU Connect Group, you can find the Workshop schedule and the connection instructions.
4. On the day of the Workshop, simply follow the link to join through Zoom or dial in.

## Q: I want to join the WW Premium membership. How do I know if there is an in-person WW Workshop near me?

**A:** If attending workshops in-person is important to you, make sure there is a workshop nearby that has a day and time that will work for you before registering. Many smaller towns or campuses only have one option available. Visit [WW.com](http://WW.com), and click "Find a Workshop" at the top of the screen. Enter your zip code to view the community workshops in your area.

## Q: Do I have to go to an orientation?

**A:** For virtual or in-person community workshops, orientation will occur at the end of your first WW Workshop by a WW Coach.

## Q: Can I attend Workshops virtually and in the community?

**A:** Yes! Participants are allowed to attend both virtual and community workshops for their convenience. With the WW Premium membership, you will receive a Monthly Pass that will grant you access to any WW Workshop (virtual or in-person).

## Q: I received paper vouchers when I participated in WW through IU in the past. Will I continue to get paper vouchers?

**A:** No. There is no longer a need for paper vouchers. You simply enroll for the WW Premium membership plan.



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## Q: Do I have to attend WW Workshops? I only want to participate online.

**A:** No. Having social support is key in any wellness journey—and attending WW Workshops is a great way to receive that support—but they are not required. There is a WW Core membership option available that does not include attendance at workshops.

## Q: Why am I being taxed?

**A:** For some incentive programs, such as WW, the IRS requires the cost of the program to be reported as a taxable benefit by the employer. Employees who participate in WW will be taxed on their W-2 for the value of the WW program. The taxable benefit for any participating spouse will also be reported on the employee's W-2.

## Q: Do I have to sign a tax form?

**A:** No, but you must accept the terms of the taxable income upon enrollment. WW tracks your enrollment and provides IU with a taxable income report.

## Q: When will I be taxed?

**A:** WW will submit a taxable income report to IU quarterly. If you and/or your spouse are participating, please anticipate the taxable income to come out of the employee's paycheck.

## Q: How much will I be taxed?

**A:** The taxable income is based on your individual income bracket and withholding selections, and this varies from person to person. It will be classified as a "fringe benefit." The **monthly** value of the WW benefit per person is:

- **Core:** \$19.95/month
- **Premium:** \$44.95/month

Taxable income will be reported **quarterly**. Note: the following are provided **only as examples** of estimated taxable income **per quarter**. *This will vary by individual participation and tax withholdings.* The examples are all shown with "0" tax withholdings.

Taxable Income Example		
Income Bracket	Digital Only Tax per Quarter	Digital + Workshop Tax per Quarter
<b>Less than \$35,000 year; Single; 0</b>	\$14.58 (\$4.86/mo)	\$32.76 (\$10.92/mo)
<b>Less than \$35,000 year; Married; 0</b>	\$14.55 (\$4.85/mo)	\$32.73 (\$10.91/mo)
<b>Less than \$55,000 year; Single; 0</b>	\$20.55 (\$6.85/mo)	\$46.26 (\$15.42/mo)
<b>Less than \$55,000 year; Married; 0</b>	\$14.55 (\$4.85/mo)	\$32.76 (\$10.92/mo)

If you have additional questions, please contact IU Human Resources at [askhr@iu.edu](mailto:askhr@iu.edu).

## Q: If I reach my lifetime goal, will I continue to be taxed?

**A:** No. Once you reach lifetime goal criteria, WW will no longer bill IU for your participation, and you will no longer be taxed.

## Cancellation

### Q: How do I cancel?

**A:** You can easily cancel your membership on the WW website. Simply log in to your account, go to **Settings > Account** to view your cancellation options. If you would like assistance with cancelling your account, you can call 866-204-2885. Please note that IU is unable to cancel for you.



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## Q: What happens if I do not cancel, and I've stopped using WW?

**A:** Indiana University will continue to be billed for your registration until you cancel. Additionally, you will continue to be taxed as if you were fully participating.

**not customizable to customers.** IU will only request and receive de-identified, aggregate reporting. Information used for IRS reporting will only include enrollment information. No information related to program results is provided to IU, and your personal progress/information is never be shared with IU.

## General

## Q: Who do I call or email if I have a question?

**A:** For IU-related questions such as eligibility, please contact [askhr@iu.edu](mailto:askhr@iu.edu) or call 812-856-1234. For all WW related questions, contact WW at 866-204-2885 (Monday-Friday 8:00 a.m.-10:00 p.m. ET; Saturday 11:00 a.m.-5:00 p.m. ET). You may also email [wellnesshelp@weightwatchers.com](mailto:wellnesshelp@weightwatchers.com).

## Q: Does IU cover any other WW products?

**A:** No. Any other WW products, such as food or supplies, are an additional cost at your own expense.

## Q: Can I use my Health Savings Account (HSA) to purchase WW food?

**A:** Generally, the cost of WW food is not eligible for reimbursement from the HSA or the Healthcare FSA. However, some employees with a specific medical diagnosis and with a physician's order may be eligible for some reimbursement for food that treats or alleviates an illness. Contact Nyhart at 800-284-8412 for more information.

## Q: Does WW share my information with IU?

**A:** WW requires you to sign an authorization form when registering, which includes general language about data sharing required by their legal team. **This language is**