Medical Plans & Benefits for IU Retirees

Karen Hill, Retiree Specialist

IU Human Resources



PLANNING YOUR RETIREMENT FROM INDIANA UNIVERSITY

Housekeeping

- Session will <u>not</u> be recorded; however, a PDF of the slides is available on the Road to Retirement website at <u>hr.iu.edu/benefits/road-to-retire.html</u>.
- All attendees have been placed on mute. If you have technical issues, please message an IUHR representative in the chat for assistance.
- Please put all questions in the Q&A box. Do not put any questions related to a personal situation in the Q&A.
- Watch the chat for helpful links to additional information. Chat will not be monitored for questions to the presenters.
- At the end of today's session, you will be asked to complete a brief survey.

Today's Agenda

- What is IU retiree status?
- Retiree medical plan options:
 - Options if you retire under age 65
 - Options if you retire at age 65 and older
 - Election and premium examples
- Tools & resources
- Q&A





IU Retiree Status

Based on AGE and YEARS OF IU SERVICE

Age at Termination	Minimum Years of Active Full-time IU Service	Age at Termination	Minimum Years of Active Full-time IU Service
55	30	61	18
56	28	62	16
57	26	63	14
58	24	64	12
59	22	65	10
60	20		

Support Staff hired before July 1, 2013, who are covered by the legacy PERF retirement plan: Retiree status is reached with at least 15 years of full-time appointed IU service for employees separating at ages 60, 61, or 62.



What counts towards "Years of IU Service"

Years of IU Service = Full-time appointed service (some periods of leave without pay may not be counted)

- Contact AskHR to inquire about your "Years of Service" calculation for Retiree Status
- Sabbatical leaves and leaves for research are counted
- Years of IU service pro-rated for ages that fall between the ages listed in the chart



Key Retiree Benefits

*Perks through other IU Units or Organizations

Medical plan (with vision)

Retiree life (\$6,000)

IU tuition benefit

IU technology resources

(Administered by UITS, details at: kb.iu.edu/d/dddx#)*

Campus-specific resources:

- Parking discounts*
- Library and research access*
- Cultural and sporting events*

Memberships:

- IU Retiree Association* (Faculty/Staff)
- Emeriti House (Faculty/Librarians)*
- Senior Academy membership at IU Indianapolis (IUPUI Faculty/Staff)*

What if I don't meet the Retiree Status criteria?

You can still "retire" by separating from the university, but:

- You won't be classified as a retiree or have IU Retiree Status
- You won't be eligible for retiree benefits (IU medical, tuition benefit, life insurance)
- No impact on your ability to take distributions from retirement accounts.





Eligibility for IU Retiree Medical Coverage

INITIAL eligibility requires that you:

- 1. Have IU Retiree Status; and
- 2. Are <u>covered by an IU-sponsored medical plan</u> as an employee or spouse of an IU employee at the time of separation.
 - Eligible spouses and dependent children (through age 25) are those covered on an IU medical plan at the time of separation.
 - You must enroll in COBRA or retiree coverage <u>within 60 days</u> of your retirement date.

CONTINUED eligibility requires that you remain continuously covered on an IU-sponsored plan.

IU Medical Plan Options

Under Age 65:

- COBRA (continue current IU plan)
- IU coverage through IU spouse
- Anthem Under 65 PPO HDHP

Age 65 & Up (Medicare eligible):

- IU coverage through IU spouse
- IU Blue Retiree Plan





Benefits – IU Under 65 Retiree Medical Plan

- Premiums not based on age/tobacco use
- Not based on where you live
- Not an HMO or limited network
- Enhanced prescription drug coverage
- Meets continuous enrollment criteria to bridge to IU Blue Retiree plan
- For most, similar/lower premiums and higher benefits than ACA Marketplace plans



Monthly Medical Premiums (2024) Under Age 65

COBRA Medical (18 Months)

Anthem PPO \$500 \$1,126 - \$3,377 Anthem PPO HDHP \$470 - \$1,418

Anthem U65
PPO HDHP
(until age 65)

Anthem U65 PPO HDHP Monthly Rates

One Participant \$ 470.30
Participant & Child(ren) \$ 899.77
Retiree & Spouse \$ 1,252.57
Retiree & Family \$ 1,418.28



Monthly Dental Premiums (2024)Under Age 65

COBRA Dental (18 Months)

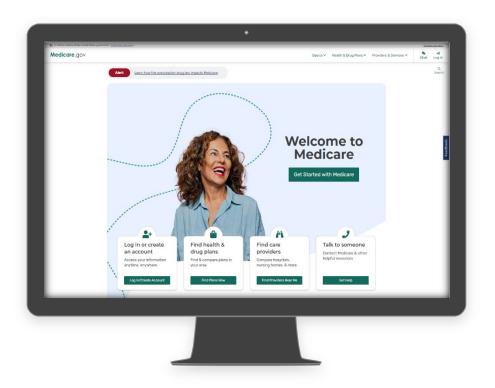
COBRA Monthly Rates

One Participant \$ 42.70 Participant & Child(ren) \$ 76.90 Retiree & Spouse \$ 100.31 Retiree & Family \$ 146.30





Medicare Website - Medicare.gov





Medicare Basics The ABC's & D's



PART A

HOSPITAL



No premium

PART B

OUTPATIENT



Professional and outpatient services

(doctor visits, therapy, home healthcare, etc.)

PART D

PRESCRIPTION



Alternative to **Original Medicare**

PART C

MEDICARE ADVANTAGE



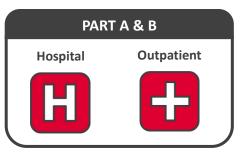
Private plans approved by Medicare

(includes Parts A, B, & often D)



Medicare Basics Options for Comprehensive Coverage

OPTION 1:



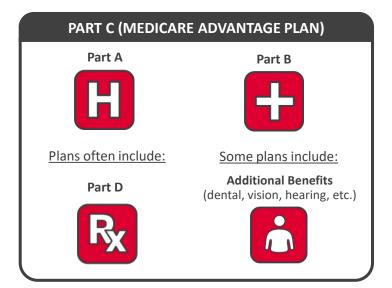


MEDICARE SUPPLEMENT

IU Blue Retiree Plan or a commercial "Medigap" plan

Covers Medicare deductibles and copays/coinsurance. Some plans may cover dental, vision, hearing, etc.

OPTION 2:



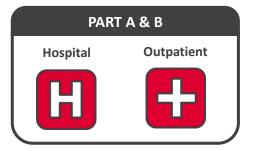


Enrolling in Medicare

- Initial Enrollment Period = 7-month period around your 65th birthday
- If you begin receiving **Social Security income** (e.g., age 62 or after):
 - You're automatically enrolled in Medicare Part A at age 65
 - Whether actively employed or already retired
 - When you or your spouse use your Social Security Income benefits
- Special Enrollment Period = 8-month period after employee coverage ends (NO special enrollment after COBRA)
- Penalties apply for enrolling outside enrollment periods

SECTION TWO Retiree Medical Plans Age 65 & Older - Medicare A, B, D + Blue Retiree

IU Blue Retiree Plan Retirees & Spouses Aged 65 & Up





IU BLUE RETIREE PLAN

Covers **Medicare deductibles** and **copays/coinsurance**. Some coverage for **dental, vision, hearing**

- Coordinates with Original Medicare like a Medigap or Medicare Supplement plan
- Pays Medicare deductibles (including Part B) and copays/coinsurance
- Covers medical expenses outside the US.
- Does not include prescription coverage (you must also enroll in Medicare Part D to have prescription coverage)



IU Blue Retiree Plan

Medicare Complement Benefits

Service	Medicare Pays	Blue Retiree Pays	Member Pays
Medicare Part A			
Inpatient Hospital Facility			
First 60 days	Pays all but deductible	The deductible	\$0
Days 61 – 90	Pays all but coinsurance	The daily coinsurance	\$0
Skilled Nursing Facility			
First 20 days	100%	\$0	\$0
Days 21 to 100	Pays all but coinsurance	The daily coinsurance	\$0
Medicare Part B			
Part B deductible	Plan pays after deductible	The deductible	\$0
Doctors care including office visits or while inpatient	80%	20%	\$0
Outpatient services (surgeries, diagnostic services, physical therapy, x-rays)	80%	20%	\$0



IU Blue Retiree Plan

Major Medical Benefits

Service	Medicare Pays	Blue Retiree Pays	Member Pays
Continuous inpatient days beyond an additional 365	\$0	80%	20%
Skilled nursing facility after the 100th day	\$0	80%	20%
Services outside the U.S.	\$0	100%	0%
Excess charges for providers that don't accept Medicare assignment	\$0	Up to the limiting charge* of 115% of the Medicare- allowable Amount	\$0 for services with a limiting charge*
Morbid obesity	\$0	80%	20%
Accidental Dental	\$0	80%	20%

^{*}There is a limiting charge on what non-participating providers can bill Medicare enrollees—15 percent over what Medicare pays the non-participating provider. The limiting charge does not apply to all Medicare-covered services, like some durable medical equipment.



IU Blue Retiree Plan

Wellness Benefits

Service	Medicare Pays	Blue Retiree Pays	Member Pays
Dental Services	\$0	\$125	Amounts above \$125
Annual physical exam	\$0	\$150	Amounts above \$150
Routine hearing exam	\$0	\$50	Amounts above \$50

Vision Benefits

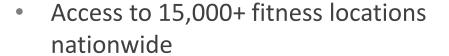
Service	In-Network Provider—Member Pays	Out-of-Network Provider—Member Pays
Annual comprehensive eye exam and refraction	\$5	Amounts above \$42
Eyeglass frames (Once every 24 months)	\$130 allowance, then 20% off any remaining balance	Costs above a \$45 allowance
Standard eyeglass lenses (Once every 12 months)	\$20 copay	Costs above \$40–\$80 allowance
Contact lenses (Once every 24 months)	Specific allowances and discounts for elective and non-elective contact lenses. Highest level of benefit in-network. Some enhancements are not covered out-of-network.	



IU Blue Retiree Plan Silver Sneakers



No-cost fitness benefit







- Virtual on-demand classes available 24/7
- Also includes guidance from fitness staff, signature classes, social connections, and more
- Visit <u>silversneakers.com/starthere</u>
 to get started

IU Blue Retiree Plan Monthly Cost of Coverage

- Retiree pays full cost of premium
- Premiums change annually (up or down), but not based on age

Coverage Level	2024 Monthly Premium
One Participant	\$201.39
Retiree and Spouse	\$401.49

Calculate Monthly Cost of Coverage

Part A (No cost)
Part B (\$175 for most)



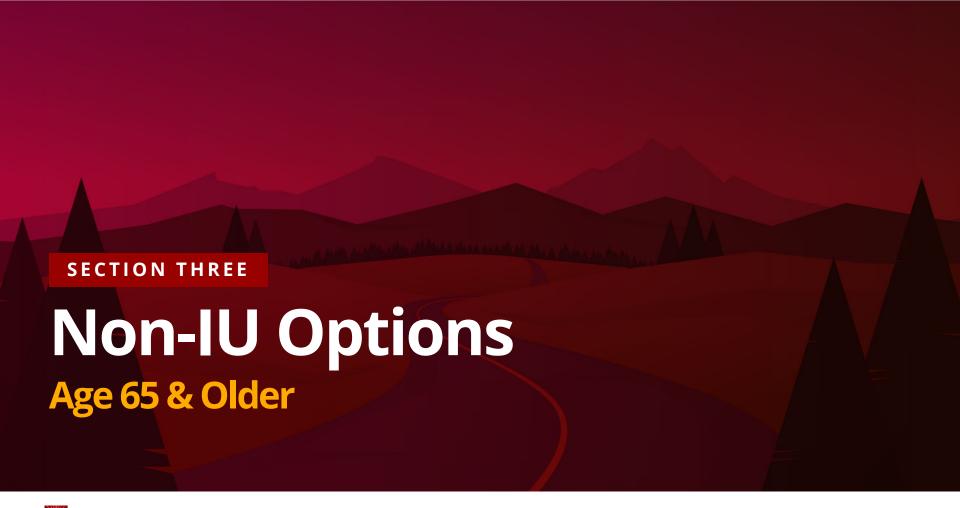
Medicare
Supplement Plan
(IU Blue Retiree)



Part D (\$0-\$109, avg. \$45)







Commercial Medigap Plans

- Sold by private insurance companies
- Plans are standardized, and in most cases named by letters (Plan A N)
- As of January 1, 2020, Medigap plans sold to people new to Medicare can no longer cover the Part B deductible (IU Blue Retiree Plan does)
- Costs and availability vary by state
- Premiums can be affected by your age, gender, zip code, tobacco use
 - "Introductory" discount premium
 - After your Special Enrollment Period, you can be denied coverage, have coverage delayed,
 or have the premium based on health factors.



Medicare Advantage (Part C) Plans Alternative to Original Medicare

MEDIARE ADVANTAGE (PART C) PLAN Part A Part B Plans often include: Some plans include: **Additional Benefits** Part D (dental, vision, hearing, etc.)

- Alternative to Original Medicare (Parts A & B), many also include Part D
- IU <u>does not</u> offer a Medicare Advantage plan and the IU Blue Retiree Plan <u>does</u> <u>not</u> pair with Medicare Advantage plans.



Scenario #1 Jenny & Dan



Jenny – Age 65 (IU Retiree)



Dan – Age 63 (Non-IU Spouse)

While Jenny's Employed at IU:

- Covers herself and spouse Dan on employee medical plan.
- Dan, age 63, is a retired principal.

After Jenny's Retirement:

- When Jenny turns 65, she retires with IU Retiree Status.
- Both elect IU Retiree coverage:
 - Jenny—IU Anthem Blue Retiree Plan (for 65+)
 - Dan—Anthem U65 PPO HDHP (for under 65)
- When Dan turns 65, he can switch to the IU Blue Retiree plan—the same plan as Jenny.

Scenario #1 – Jenny and Dan's Monthly Premiums

Plan	Jenny's Premium	Dan's Premium
Medicare A	_	_
Medicare B	\$175.00	_
Medicare D (Rx)*	\$25.00	_
Blue Retiree	\$201.00	_
U65 Anthem HDHP	_	\$470.00
	\$401.00	\$470.00

^{*}Medicare D plans vary in coverage and premiums (\$0 to \$109)

Total = \$871/month



Scenario #2 Paul & Mimi



Paul – Age 66 (IU Retiree)



Mimi – Age 62 (IU Employee)

While Both Employed at IU:

Each covers self on employee medical plan.

After Paul's Retirement:

- When Paul turns 66, he retires with IU Retiree Status.
- Mimi continues working and enrolls Paul on her employee plan as a dependent (he delays Medicare).
- When Mimi retires from IU at age 65, she and Paul each enroll in Medicare A, B, & D and the IU Blue Retiree plan. (Paul has IU Retiree Status and has been continuously covered by an IU plan.)

Scenario #2 – Paul and Mimi's Monthly Premiums

Plan	Paul's Premium	Mimi's Premium
Medicare A	_	_
Medicare B	\$175.00	\$175.00
Medicare D (Rx)*	\$40.00	\$7.00
Blue Retiree	\$201.00	\$201.00
U65 Anthem HDHP	_	_
	\$416.00	\$383.00

^{*}Medicare D plans vary in coverage and premiums (\$0 to \$109)

Total = \$799/month



Scenario #3 Dave & Wes



Dave – Age 66 (IU Retiree)



Wes – Age 60 (IU Employee)

While Both Employed at IU:

Each covers self on employee medical plan.

After Dave's Retirement:

- When Dave turns 66, he retires with IU Retiree Status.
- Wes continues working and enrolls Dave on his employee plan as a dependent (he delays Medicare).
- Wes later takes a job with Lilly.
 - Both could enroll in IU retiree coverage at that time, (since Dave maintained continuous IU coverage), but instead they enroll with Wes' new employer.
- When Wes leaves Lilly at age 65, neither he nor Dave are eligible for IU-sponsored retiree coverage (Dave has IU Retiree Status but was not continuously covered through IU).

Scenario #4 Amira



Amira – Age 62 (IU Retiree)

While Amira's Employed at IU:

Covers herself on an individual medical plan.

After Amira's Retirement:

- When Amira turns 62, she retires with IU Retiree Status.
- Amira elects IU Retiree coverage:
 - IU Anthem U65 PPO HDHP (for under 65)
- If she remains continuously covered on the IU plan, she'll be eligible to enroll in the IU Blue Retiree Plan when she turns 65.

Scenario #4 – Amira's Monthly Premiums

Plan	Amira's Premium
Medicare A	_
Medicare B	_
Medicare D (Rx)	_
Blue Retiree	_
U65 Anthem HDHP	\$470.00
	\$470.00

Total = \$470/month



Scenario #5 Carlos



Carlos – Age 68 (IU Retiree)

While Carlos' Employed at IU:

Covers himself on an individual medical plan.

After Carlos' Retirement:

- When Carlos turns 68, he retires with IU Retiree Status.
- He enrolls in Medicare A, B, & D and the IU Blue Retiree plan.

Scenario #5 – Carlos' Monthly Premiums

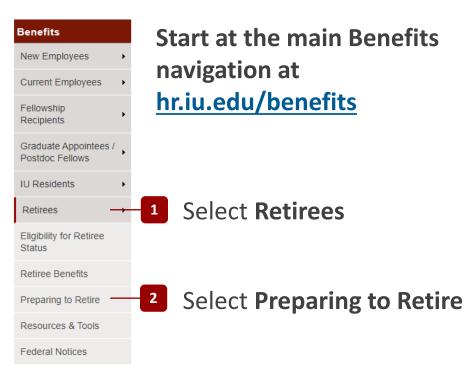
Plan	Carlos' Premium
Medicare A	_
Medicare B	\$175.00
Medicare D (Rx)*	\$37.00
Blue Retiree	\$201.00
U65 Anthem HDHP	
,	\$413.00

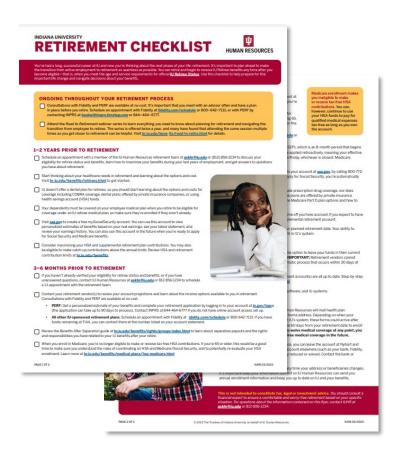
Total = \$413/month

^{*}Medicare D plans vary in coverage and premiums (\$0 to \$109)

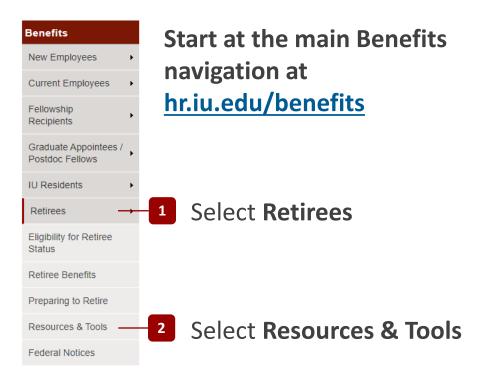


Retirement Checklist

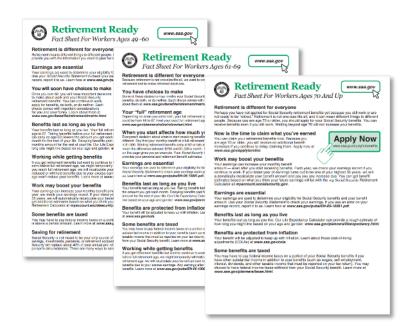




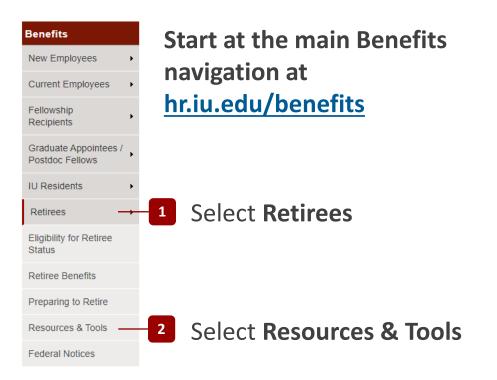
Retirement Resources & Tools



Retirement Ready Fact Sheets



Retirement Resources & Tools



Checklist for Online Medicare, Retirement, & Spouses Applications





Anthem Sydney Health App

- Log in easily and securely with your anthem.com credentials
- 24/7 access to digital ID card
- Estimate healthcare costs
- Find a doctor or provider and filter by distance or rating
- Check plan progress (deductible, OOP max)
- Review and submit claims
- Securely send and receive messages about your plan





Anthem Live Health Online

- 24/7 access to board-certified doctors from a smartphone, tablet, or computer with a webcam
- Receive medical care for things like the flu, rashes, fever, sinus infection, pink eye, more
- Cost around \$59 per visit
- Doctor can assess your condition, provide treatment options, and even send a prescription to your pharmacy
- Psychiatry, psychology, dermatology, and allergy visits also available



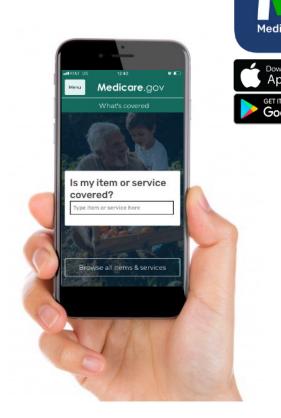






Medicare "What's Covered" App

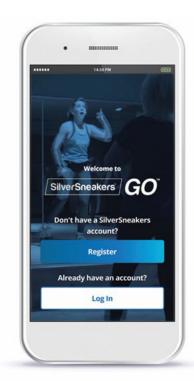
- Quickly see whether Medicare covers your service in the doctor's office, the hospital, or anywhere else
- Delivers general cost, coverage and eligibility details for items and services covered by Medicare Part A & B
- Answer your Medicare coverage questions
- See information about your costs
- Learn about covered items & services
- Browse free preventive services





Silver Sneakers GO

- Strength, flexibility and walking programs customized for beginners, intermediate and advanced users.
- Schedule workouts and activities, with helpful in-app reminders.
- Easy workout modifications; users can switch recommended exercises from easier to harder depending on preferences and ability.
- Provides animated GIFs and videos with step-by-step instructions on how to perform recommended exercises.









Retiree Organizations

IU Retiree Association <u>iura.indiana.edu</u>

Retired IU Faculty and Staff, Spouses and Partners

Emeriti House emeritihouse.indiana.edu

Retired IU Faculty and Librarians

IU Indianapolis Senior Academy senioracademy.iupui.edu

Retired IUPUI Faculty and Staff

Retired Indiana Public Employees Association ripea.org Retired Support Staff



Upcoming Road to Retirement Webinars

Oct 8 and Nov 21 - PERF—Understand the Two Parts of the Plan

Oct 11 - Fundamentals of Retirement Income Planning

Oct 16 - Medicare Basics—The A, B, & D's

Oct 17 – Navigating Medicare Part D Coverage

Oct 18 – Prepare for the Reality of Healthcare in Retirement

Oct 22 - Social Security Overview

Dec 3 and 4 - PERF—Understanding the Millie Morgan Option

Register at: hr.iu.edu/benefits/road-to-retire.html









