HSA Strategies for Retirement, Medicare, and Beyond

Danielle Abplanalp Healthcare Manager, IU HR

Sue Dukeman Manager, Retirement Benefits, IU HR

September 6, 2024



PLANNING YOUR RETIREMENT FROM INDIANA UNIVERSITY

Housekeeping

- Session will not be recorded; however, a PDF of the slides is available on the Road to Retirement website at <u>hr.iu.edu/benefits/road-to-retire.html</u>.
- All attendees have been placed on mute. If you have technical issues, please message an IUHR representative in the chat for assistance.
- Watch the **chat** for helpful links to additional information.
- Please **put all questions in the Q&A box**. Please do not put any questions related to a personal situation in the Q&A.
- At the end of today's session, you will be asked to complete a **brief survey**.

Today's Agenda

- Maximizing Your HSA While Working
- HSA Options if You **Retire Before** Age 65
- HSA Options if You Work Past Age 65
- Using your HSA in Retirement
- HSA Resources
- Other Retirement Savings Opportunities



MAXIMIZE YOUR HSA WHILE WORKING

SECTION I



Maximize Your HSA While Working

Tip #1: Increase contributions up to the IRS maximum

Tip #2: Add catch-up contribution at age 55 +

- **Tip #3**: Make contributions **through payroll** to receive maximum tax breaks
- Tip #4: Keep your money invested until you need it
- Tip #5: Only use account for healthcare expenses to avoid penalties and taxes



HSA OPTIONS IF YOU RETIRE BEFORE AGE 65

SECTION II

Medical Coverage Options

Under 65 medical coverage options:

- COBRA coverage
- Anthem Under 65 PPO HDHP (for those with retiree status)
- Spouse's employer coverage
- Marketplace coverage

Learn more about benefits for retirees: hr.iu.edu/benefits/retirees.html



HSA Eligibility After You Leave

- Enroll in a non-HDHP medical plan
 - No longer eligible to make tax-free contributions to an HSA
- Enroll in IU HDHP COBRA or U65 plan or another HDHP
 - Can continue making tax-free contributions to your HSA
 - Transfer contributions online from personal bank account
 - Claim contributions on federal tax return to receive tax credit

Your HSA After You Leave IU

- Transitions to an "individual account"
- Will not receive IU contributions
- Account can remain with WEX (monthly fee of \$2.75) <u>or</u> transfer to another HSA account vendor
- Review IRS contribution rules based on new coverage:
 - Self-only vs. family contribution limits
 - Catch-up contributions



SECTION III

HSA OPTIONS IF YOU WORK PAST AGE 65 Medicare Eligibility

Medicare Enrollment

OPTION 1

Enroll at age 65

Not recommended for active IU employees

OPTION 2

Draw Social Security Benefits

Automatic enrollment in Medicare



Postpone & enroll after retirement (or at age 70 when you *start* drawing Social Security)



Enroll at Age 65

OPTION 1 Enroll at age 65

Not recommended for IU employees enrolled in Medical Benefits

- Voluntary enrollment
- Makes you ineligible for tax-free HSA contributions (both yours & IU's)
 - Based on your Medicare Part A *effective* date
 - <u>Not</u> based on your Medicare *eligibility*
- Spouse's Medicare enrollment does **NOT** affect your HSA eligibility

Draw Social Security Benefits

OPTION 2 Draw Social Security Benefits

- Automatic Medicare Part A enrollment
 - At age 65+
 - Whether you are drawing on your own record, or your spouse's SS record
 - Part A coverage is back-dated 6 months, or to the month you turned 65, which ever is less.
- Makes you ineligible for tax-free HSA contributions (both yours & IU's)
 - Ineligibility is based on your Medicare Part A *effective* date
 - Can not postpone Medicare enrollment once drawing Social Security

NOTE: Social Security full benefit age is 66-67 years old, which is different than Medicare eligibility age.

Postpone Medicare Enrollment

Postpone & enroll after retirement

(or at age 70 when you start drawing Social Security)

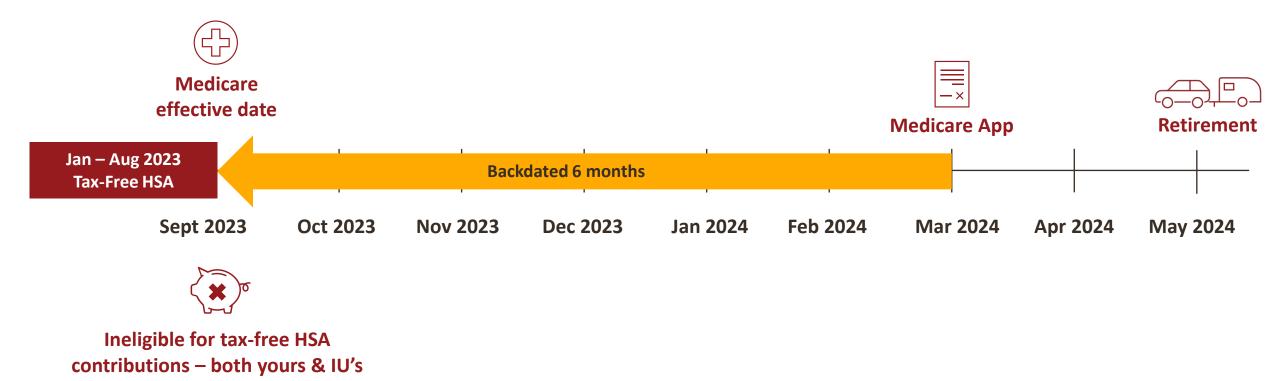
- Retain eligibility for tax-free HSA contributions while working
- Must be enrolled in an active group health plan (IU medical plan)
- No penalty for postponing enrollment
 - Use Medicare special enrollment period once retired (8-month period after employment ends)
- Medicare Part A enrollment is **backdated 6 months or to your 65th birthday**, whichever is closest, from the date you <u>apply</u> for Medicare or Social Security.

OPTION 3

Example: Age 65+ Postponed Medicare



Example: Age 65+ Postponed Medicare



Note: HSA contribution eligibility is pro-rated based on IRS annual maximum.



Handling Excess Contributions

- Calculate excess contributions
- Your Medicare application, and effective date determines how much you can contribute to your HSA for the year:
 - Includes both yours and IU's contributions
 - Prorated if only eligible for part of a year
 - May result in "excess" contributions
 - Any excess contributions not withdrawn are subject to a 6% excise tax penalty



Handling Excess Contributions

If you make excess contributions:

- Complete HSA Distribution Request Form:
 - Submit to WEX prior to December 31
 - Must have full amount available in account
- Report on income taxes:
 - Included on IRS Form 1099-SA from WEX
 - Report on IRS Form 8889 included with 1040
- Pay regular income tax rate on excess
- Recommend consulting a tax advisor

-				
н	SA DISTRIBUTION REQUES	TFORM		
IN 1.	STRUCTIONS Use this form to request a distribution from your HSA	A for one of the reasons indicated below. For death	distributions, complete the Death D	
2	Form. Submit the completed form by fax (888-887-9961), b			
	IUSupport@wexinc.com from your IU email with [Se	ecure Message) in the subject line.	argo, ND 50100-2505 or by emailing	
3.	If you have any questions regarding distributions fro	m your HSA, please call 1-800-284-8412.		
	COUNTHOLDER INFORMATION			
Las	it Name:	First Name:	Middle Initial:	
So	cial Security Number:	Employee ID and Employer:		
Ad	dress:	(e. although a	Phone #:	
	rect WEX to make a distribution from my H	ISA for the following reason: (chaose only	one reason/section per form)	
_			whe reason second periority	
	DRMAL/DISABILITY/PROHIBITED			
님	Normal- For payment of qualified medical expenses; save your receipts. Disability - If the disability renders you unable to engage in any substantial gainful activity and it is medically determined that the condi			
	will last continuously for at least 12 months or lea			
	Prohibited Transaction – use of HSA funds for an penalties may be imposed.	nything other than a qualified medical expense;	if not corrected in a timely manner, I	
Am	ount of Distribution: \$	I would like this distrib	ution to close my HSA also	
_	ount of Distribution. 2		dubin to close my hak also.	
E)	CESS CONTRIBUTION REMOVAL			
_	Excess Contribution Removal			
-		Date excess contribution oc	turred:	
	Amount of Excess Contribution*: <u>\$</u> *To calculate the amount of Excess Contributions, to	tal any amplayer or employee contributions in evo	ere of your maximum contributions fo	
	year. WEX will determine any earnings on this amount	nt.	ess of your maximum contributions for	
_				
	OLLOVER/TRANSFER			
	am requesting account closure, I authorize the WE			
	outstanding debit card transaction (if debit card ance, less any applicable account closing fee.	is applicable to my account) to settle before m	aming the check for any remaining a	
		ountholder and mailed to your address on file.		
_				
	Please liquidate D my entire account balance	or S		
	Please liquidate in the end of the my entire account balance This rollover in the will interval will not close my HS/	or s Account (please check one).	leted and how the trustee or custodia	
	Please liquidate my entire account balance This rollover will will will not close my HS/ The IRS Code limits the number of rollovers that m report the transaction. If you need additional infor	or S. Account (please check one). ay be taken, how quickly rollovers must be comp mation, please contact your tax advisor. By select	ing this option, you are certifying to the	
	Please liquidate will not close my HSP The IPS Code limits the number of rollovers that m report the transaction. If you need additional infor that you have satisfied the rules and conditions app	or S. A Account (please check one). (ay be taken, how quickly rollovers must be comp mation, please contact your tax advisor. By select lictable to your rollover and that you are making a	ing this option, you are certifying to th n irrevocable election to treat the tran	
	Please liquidate my entire account balance This rollover m will will will not close my HS2. The IRS Code limits the number of rollovers that m report the transaction. If you need additional inform that you have satisfied the rules and conditions app as a rollover. The funds you receive from the distri	or S. A Account (please check one). ay be taken, how quickly rollovers must be comp mation, please contact your tax advisor. By select licable to your rollover and that you are making a button of an HSA must be deposited into anothe	ing this option, you are certifying to th n irrevocable election to treat the tran rr HSA within 60 days from when you	
	Please liquidate my entire account balance This rollover will will will not close my HS/ The HS Code limits the number of rollovers that m report the transaction. If you need additions app as a rollover. The funds you receive from the distri- tion. The funds you receive from the distri- tion. You are entidled to one distribution per year a twelle (12) month period.	or 5 \$ Account (please check one), and be taken, how quickly rollowers must be comp mation, please contact your tax advisor. By select please to your rollower and that you are making a button of an HSA must be deposited into another per HSA which may be rolled over. You are entit	ing this option, you are certifying to th n irrevocable election to treat the tran r HSA within 60 days from when you led to roll over the same assets only	
	Please liquidate in my entire account balance This rollower is will will will not close my HS The HS Code limits the number of rollowers that me report the transaction. If you need additional infor that you have satisfied the nuise and conditions ago as a rollower. The funds you receive from the distri- them. You are entided to one distribution per years a twelve (12) month period. Transfer: Check will be made payable to the rece	or 5 \$ Account (please check one), and be taken, how quickly rollowers must be comp mation, please contact your tax advisor. By select please to your rollower and that you are making a button of an HSA must be deposited into another per HSA which may be rolled over. You are entit	ing this option, you are certifying to th n irrevocable election to treat the tran r HSA within 60 days from when you led to roll over the same assets only	
	Please liquidate my entire account balance This rollover will will will not close my HS/ The HS Code limits the number of rollovers that m report the transaction. If you need additions app as a rollover. The funds you receive from the distri- tion. The funds you receive from the distri- tion. You are entidled to one distribution per year a twelle (12) month period.	or 5 \$ Account (please check one), and be taken, how quickly rollowers must be comp mation, please contact your tax advisor. By select please to your rollower and that you are making a button of an HSA must be deposited into another per HSA which may be rolled over. You are entit	ing this option, you are certifying to th n irrevocable election to treat the tran r HSA within 60 days from when you led to roll over the same assets only	
	Prese liquidate in the result valence of the second balance of the result of the resul	or is known of the section of an ISA must be deposited into another part ISA which may be rolled over. You are entit wing Administrator/Trustee/Custodian for the b	ing this option, you are certifying to th n irrevocable election to treat the tran r HSA within 60 days from when you led to roll over the same assets only	
	Please liquidate in my entire account balance This rollower is will will will not close my HS The HS Code limits the number of rollowers that me report the transaction. If you need additional infor that you have satisfied the nuise and conditions ago as a rollower. The funds you receive from the distri- them. You are entided to one distribution per years a twelve (12) month period. Transfer: Check will be made payable to the rece	or	ing this option, you are certifying to th n irrevocable election to treat the trar r HSA within 60 days from when you led to roll over the same assets only	
	Please liquidate in my entire account balance. This rollow: "Will is will not does my HSI The ISS Code limits the number of rollowes that mi report the transaction. If you need additional infor- that you have satisfied the nules and contations ago a rollow: The funds you receive from the distri- them. You are entitled to one distribution per year a rollow: The funds you receive from the distri- tions. The satisfiest of the satisfiest of the satisfiest a rollow in the distribution per year a rollow. The distribution per year a rollow in the distribution per year and the distribution per year. Please liquidate in my entire account balance		ing this option, you are certifying to th n irrevocable election to treat the trar r HSA within 60 days from when you led to roll over the same assets only	
	Please leaders in a robust with a robust with a robust with a robust with a robust	C C C	ing this option, you are certifying to t n irrevocable election to treat the trai rr HSA within 60 days from when you led to roll over the same assets only	
	Plass legislates In the science state science tableses this robuser will will will will be a science tableses the science science in the science science science science science science as a robuser. The funds you reveal to the science the science science science in the science science science science science maker to the address you provide bolds. These legislates The science science science the science science science science science the science science the science science the science science the science science the science the science the science the science the science science the science the scienc	C C C	ing this option, you are certifying to t n irrevocable election to treat the tra rr HSA within 60 days from when you led to roll over the same assets only	
	Plass legislates In the science state science tableses this robuser will will will will be a science tableses the science science in the science science science science science science as a robuser. The funds you reveal to the science the science science science in the science science science science science maker to the address you provide bolds. These legislates The science science science the science science science science science the science science the science science the science science the science science the science the science the science the science the science science the science the scienc	C C C	ing this option, you are certifying to t n irrevocable election to treat the trai rr HSA within 60 days from when you led to roll over the same assets only	
I CE	Plass legislatis means legisla		ing this option, you are certifying to the improved the electric to treat the treat of the second second second second second second led to roll over the same assets of electron to roll over the same assets of electron the HSA Accountholder and the HSA Accountholder and have read and understand the inst	
i ce	Plane legislates mean legisl	er	ing this option, you are certifying to 0 in renexcible electric to treat the tract r FGA within 60 days from when you electric to roll over the same axest only energic of the HSA Accountholder and have read and understand the into on and will not hold WKX inc. liable	
l ce and adv	Place legislatis		Ing this option, you are certifying to the intersectable electric to rear the test intersectable electric to real test test in the same awater only energies of the HSA Accountholder and the HSA Accountholder and have read and understand the inst on and will not hold WKY. The labble cessary, will seek awater of a same	
i ce and	Plane legislates mean legisl		ing this option, you are certifying to it to rescuede electric to treat the trans- rescuede electric to treat the transmission of the transmissio	
l ce and adv pro	Place legislatis		In this option, you are certifying to the intersection electric to treat the test of the test of the test of the test of the test energies of the HSA Accountholder and electric test of the HSA Accountholder and have read and understand the inst on and will not hold WKX for, liable cessary, will seek assisted.	
l ce and adv pro	Plase leaders	er la service de la construction	In this option, you are certifying to the intersection electric to treat the test of the test of the test of the test of the test energies of the HSA Accountholder and electric test of the HSA Accountholder and have read and understand the inst on and will not hold WKX for, liable cessary, will seek assisted.	



USING YOUR HSA IN RETIREMENT

SECTION IV

#

Retirement and your HSA

Your HSA stays with you

- IU notifies WEX of your retirement
 - New individual account will be created
 - Brief blackout period
 - New debit/Visa cards
 - New login information
 - Monthly account maintenance fee (\$2.75/month)
- Account can remain with WEX or transfer to another vendor (if you choose)



Using Your HSA in Retirement

NO penalty / NO income taxes on qualified healthcare expenses

Premiums for:

- Medicare (Parts B & D)
- Medicare Advantage Plans (Part C)
- Group Medicare Supplement Plans such as IU Blue Retiree (NOT commercial Medicare Supplement Plans)
- IU Anthem Under 65 Retiree Plan
- **COBRA** (medical & dental)
- Long-Term Care Insurance Premiums

- Hearing aids (batteries, repair, maintenance)
- Home improvements for safety (ramps, widening doorways, installing railings or support bars)
- Medical equipment (wheelchairs, walkers, shower chairs)

List of HSA eligible expenses: benefit-info.com/iu

Taxable Use of HSA at Age 65 & Up

NO penalty / PAY income taxes on other expenses

- Rent or mortgage payments
- Groceries or dining
- Recreational activities
- Vacations and travel
- Everyday living expenses



SECTION V

HSA RESOURCES

IU Human Resources

- Plan provisions and documents
- Frequently asked questions
- Special HSA considerations
 - Eligibility
 - Medicare & HSA
 - Leaving the University
 - Excess Contributions
 - Beneficiaries

hr.iu.edu/benefits

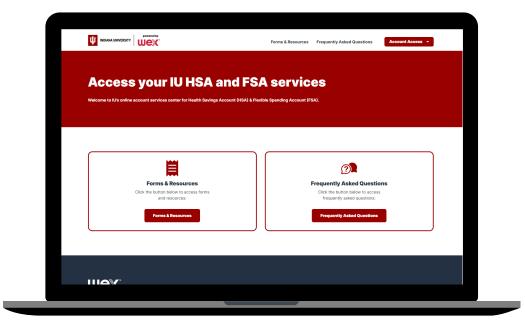


WEX

Create an account to:

- View account activity
- Find common forms
- IRS Qualified Expense List
- Use the Expense Tracker function
- Transfer funds online to/from a personal bank account
- Pay expenses directly from account
- Manage investment account
- Annual tax forms (1099-SA & 5498-SA)
- View and update beneficiaries

benefit-info.com/iu



Internal Revenue Service (IRS)

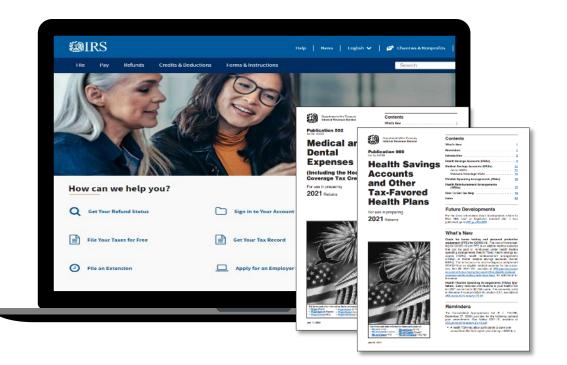
Publications:

- **IRS Pub 969** Health Savings Accounts and Other Tax-Favored Health Plans
- IRS Pub 502 Medical and Dental Expenses

Tax Forms:

- IRS Form 8889 (filed with your 1040)
- Instructions for Form 8889

www.irs.gov

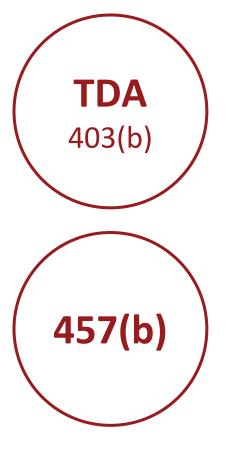


OTHER RETIREMENT SAVINGS OPPORTUNITIES

SECTION VI



IU Supplemental Retirement Plans



Two plans for employee voluntary contributions:

- Start or stop contributions any time
- Pre-tax and Roth (after-tax) contributions
- Percent of earnings or flat-dollar
- Catch-up contributions starting at age 50
- In-service distributions after age 59 ¹/₂

IU Supplemental Retirement Plans

	IU Tax Deferred Account (TDA)	IU 457(b) Plan
Roth Option	Yes	Yes
Rollovers	Yes	Yes
Default Election	Yes. Auto enrolled at 5% pre-tax contribution rate.	Waive
IRS Annual Contribution Limit	\$23,000 for 2024 Age 50+ catch-up contribution: \$7,500 for 2024	 \$23,000 for 2024 Age 50+ catch-up contribution: \$7,500 for 2024; <u>OR</u> up to additional \$23,000 for age 62, 63, 64 catch-up (special rules apply)
Withdrawals	 In-Service: Withdraw funds at age 59½ while still working. After separation: 10% penalty if withdrawn prior to age 59½ 	 In-Service: Withdraw funds at age 59½ while still working. After separation: NO penalty if withdrawn prior to age 59½

Rollovers

IU TDA and IU 457(b) plans can accept funds rolled over from your:

• 401(a), 401(k), 403(b), Governmental 457(b), or IRA

Advantages of consolidating your accounts:

- Manage all your accounts and investments in one place
- Potential for fee reductions
- Easier for your beneficiaries to manage in the future

Summary of What We Covered Today

- 1. Increase contributions to HSA and IU Supplemental Retirement Plans
- Add catch-up contribution (Age 55 for HSA, and 50 for IU Supplemental Retirement Plans
- 3. Keep your money invested until you need it
- 4. For HSA: Only use account for healthcare expenses to avoid penalties and taxes



Beneficiaries

Name beneficiaries with the vendor, NOT IU Employee Center:

Fidelity or PERF

- Base Retirement Plan
- Each Supplemental Retirement Plan

WEX

• Health Savings Account (HSA)

Common mistake to avoid is naming minors as your beneficiaries. There are strict laws regarding payment of benefits to minors. Consult a legal advisor to determine the best way to accomplish this under state law.



Upcoming Road to Retirement Sessions

Sept. 13 – Medicare Basics—The A, B, & Ds **Sept. 13** – Phased Retirement for IU Faculty **Sept. 19** – Navigating Medicare Part D Coverage **Sept. 27** – Social Security Overview **Oct. 8** – PERF – Understanding the Two Parts of the Plan **Oct. 11** – Fundamentals of Retirement Income Planning **Oct. 16** – Medicare Basics—The A, B, & Ds **Oct. 17** – Navigating Medicare Part D Coverage **Oct. 18** – Prepare for the Reality of Health Care in Retirement

Register at: hr.iu.edu/benefits/road-to-retire.html

IUHR Events Calendar

Register for upcoming HRrelated events from:

- Benefits (healthcare, retirement)
- Healthy IU
- Training & Organization
 Development
- Vendors (SupportLinc EAP, Fidelity, Care.com)

Updated frequently, so check often!

events.iu.edu/iuhumanrescal



Protect Your Accounts

Best Practices for Online Security

- Register and routinely monitor your accounts
- Use strong and unique passwords don't use the same one for multiple sites
- Invest in a password manager don't write down passwords
- Keep personal contact information current
- Close or delete unused accounts
- Beware of phishing attacks
- Be wary of free Wi-Fi

Keep Your IU Benefits at your Fingertips

IU Benefits communications are sent to your IU email:

- Open Enrollment
- Important updates/information
- Benefits education

Mobile apps to manage your benefits:

- CVS Caremark
- Anthem Sydney Health
- Cigna Dental
- Livongo (Hypertension/Diabetes Mgmt)
- SupportLinc EAP
- Weight Watchers
- Care.com
- IU HSA/FSA (Wex)
- Fidelity NetBenefits



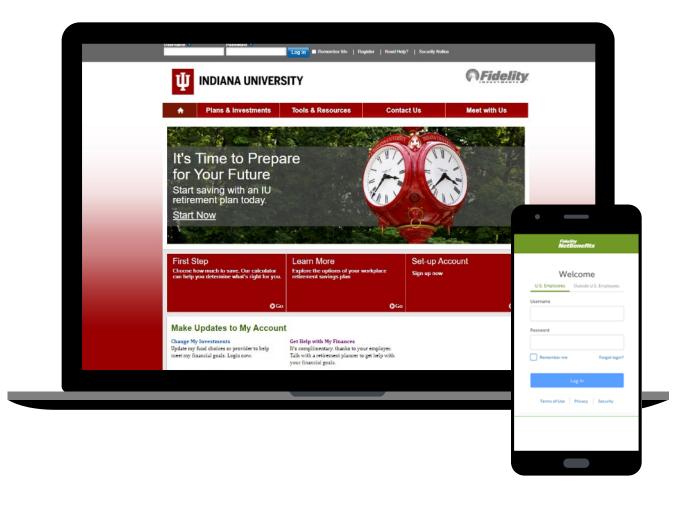
Fidelity

Fidelity

- Dedicated Workplace Financial Consultants
- Online tools/calculators
- Register for a virtual workshop

Appointment Scheduling: 800-642-4131 or Fidelity.com/Schedule

Customer Service: 800-343-0860 NetBenefits.com/Indiana



Contact IU

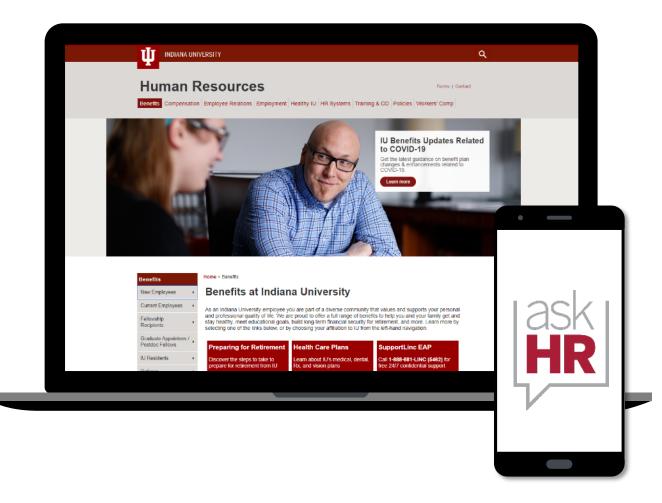
IU Human Resources



AskHR Customer Care:

askhr@iu.edu

812-856-1234



Thank You!

Questions?

