# Marathon Health Network Service Offerings

Extensive service offerings to spark your health journey





## **Prevention**

#### **Health Screenings**

- Annual Exams
- Blood Pressure
- Body Mass Index
- Cholesterol
- Glucose

#### **Health Coaching**

- Nutrition
- Physical Activity
- Tobacco Cessation
- · Stress Management
- Weight Loss

#### **Chronic Condition**

- Coaching
- Arthritis
- Asthma
- COPD
- Depression
- Diabetes
- Heart Health
- Low Back Pain
- Sleep Apnea
- Educational Offerings



## **Sick Visits**

- Bronchitis
- Common Cold
- Constipation
- Cough
- Diarrhea
- Eye Infections
- Headache

- Joint Pain
- Nausea and Vomiting
- Nosebleed
- · Sinus Infections
- Skin Infections
- Strep Throat



### **Behavioral Health**

- Anxiety
- Depression
- Eating disorders
- Grief
- PTSD



## **Privacy**

The care you receive by Marathon Health is confidential and protected by state and federal law.



## **Lab Services**

Blood work and lab tests processed at the center include hemoglobin A1C, lipid panel, glucose, rapid strep, mono, urinalysis, oxygen saturation and pregnancy. Additional lab tests can also be drawn and sent to an outside lab for processing.



#### Scan the QR Code to Learn More

Read the stories of patients who have benefited from the care at Marathon Health.

#### **Marathon Health Network**

Schedule virtual or in-person appointments at any of the health centers in the Marathon Health Network, located across Indiana and the United States. Visit the portal for locations and hours.



