	HSA	HEALTHCARE FSA
Additional eligibility criteria	You must be enrolled in a high deductible health plan (HDHP) and meet additional IRS-defined eligibility requirements , including that you cannot be enrolled in Medicare.	None
"Use it or lose it" rule	No. Full balance rolls over year-to-year.	Yes. A maximum carryover amount of \$610 for 2024 (\$570 for 2023) will automatically roll over to the following plan year. After February 28, any unused funds above the carryover amount are forfeited.
Annual contribution limits	Minimum: \$300 Maximum: \$4,150 individual or \$8,300 family Catch-Up: Additional \$1,000 if age 55 or older	Minimum: None Maximum: \$3,050
Annual university contribution NOTE: Mid-year enrollments or coverage changes on or after Oct. 1 do not receive IU's contribution (or adjustment to IU's contribution) for the year.	\$1,300 employee-only coverage \$2,600 all other coverage levels	None
Availability of funds	Half of IU's annual contribution is deposited in January, and the other half in July. Employee's annual pledge divided by number of paychecks in the year, then deposited to account with each payroll deduction.	Full annual pledge available in January. Employee pays account back through equal payroll deductions over the course of the year.
Mid-year contribution changes	Change contribution/enrollment at any time during the year.	Change contribution/enrollment only if you experience a corresponding IRS-defined qualifying life event (e.g. marriage or birth)
Interest/investment options	Offers interest earnings and investment opportunities.	None
Claim forms	No claim forms; retain receipts in case of IRS audit.	Must submit claim forms for reimbursement and be able to substantiate purchases made with the IU Benefit Card.
Use of funds	Use funds for IRS-approved healthcare expenses. You are responsible for verifying that use of funds is appropriate.	Use funds for IRS-approved healthcare expenses. Nyhart is responsible for verifying that use of funds is appropriate.
	Use funds for non-healthcare expenses after age 65 (you must pay income taxes on those funds).	
Incurring expenses	Use funds for expenses incurred as far back as the original date the account was opened.	Use funds only for expenses incurred during the plan year (January - December).
Using funds for family members	Use funds for true IRS tax dependents (i.e. spouses, qualified children under age 19 or 24 and going to school full-time)	Use funds for spouse and children through age 25, even those married and/or living away from home