

PREVENTIVE MEDICAL SERVICES

Effective January 1, 2017

This preventive services list is a summary to help plan members understand their medical coverage; it is not meant to take the place of medical care or advice. See also the preventive prescription list at hr.iu.edu/benefits/2017/pubs/Preventive_Rx.pdf.

Members should ask their doctor which exams, tests and vaccines are right for them, when they should get them and how often. Many preventive services are advised based on age, gender, and the medical history of the patient and family.

In general, preventive services are defined by recognized government agencies and professional organizations such as:

AAFP – American Academy of Family Physicians

ACS – American Cancer Society

AAP – American Academy of Pediatrics

CDC – Centers for Disease Control and Prevention

ACIP – Advisory Committee on Immunization Practices

USPSTF – U.S. Preventive Services Task Force

ACOG – American College of Obstetrics and Gynecology

IRS – Internal Revenue Service/Department of Treasury

ATP III/NCEP – Adult Treatment Panel III/
National Cholesterol Education Program

(High Deductible Health Plan regulations)

BIRTH TO AGE 18 YEARS

Contraceptive Services

Counseling for Obesity and Diet

Human Papillomavirus (HPV)

Exam and Assessments

Hemoglobin or Hematocrit
(blood count)

Influenza (flu)

Blood Pressure, Height, Weight
and Body Mass Index (BMI)

Lead Exposure

Measles, Mumps, Rubella (MMR)

Developmental, Behavioral,
Depression Assessments

Pelvic Exams and Pap Tests

Meningococcal (meningitis)

Eye Chart Vision Screening*

HPV Screening

Pneumococcal (pneumonia)

Hearing Screenings

Sexually Transmitted Infections

Polio

Newborn Screenings

TB Screening

Rotavirus

Oral Health Screenings

Immunizations

Varicella (chicken pox)

Lab Tests

Diphtheria, Tetanus, Pertussis

Cholesterol and Lipid Levels

Haemophilus Influenza b (Hib)

Hepatitis A and B

AGE 19 AND OVER

Exam and Assessments

Interventions and Counseling

Lab Tests

Blood Pressure, Height, Weight
and Body Mass Index (BMI)

Alcohol Misuse

Barium Enema

Depression Screening

Aspirin Use for Cardiovascular Disease

Cholesterol and Lipid Levels

Eye Chart Vision Screening*

Breastfeeding

Colonoscopy or Sigmoidoscopy

Hearing Screenings

Counseling for Genetic Testing for
Breast and/or Ovarian Cancer

Colorectal Cancer Screenings

Imaging

Healthy Diet

CT Colonography (as appropriate)

Bone Density Screening for Osteoporosis

Obesity

Diabetes (blood glucose)

Mammograms

Tobacco Use

Fecal Occult Blood

Ultrasound for Aortic Aneurysm (men)

Screenings during Pregnancy

Hemoglobin or Hematocrit
(blood count)

Immunizations

Asymptomatic Bacteriuria

Prostate Cancer (PSA)

Diphtheria, Tetanus, Pertussis

Chlamydia

Sexually Transmitted Infections and HIV

Hepatitis A and B

Gestational Diabetes Screening

Well-Woman Services

Human Papillomavirus (HPV)

Gonorrhea

Breastfeeding support and
supplies (in-network)

Influenza (flu)

Hepatitis

Cervical Cancer Screening

Measles, Mumps, Rubella (MMR)

HIV

Contraceptive Services

Meningococcal (meningitis)

Iron Deficiency Anemia

HPV Screening

Pneumococcal (pneumonia)

Rh Incompatibility

Mammograms

Varicella (chicken pox)

Syphilis

Pap Test and Pelvic Exam

Zoster (shingles)

*Visual chart screenings are preventive for children ages 3-5 years. For 2017, adult comprehensive eye exams are part of the Anthem Blue View Vision plan with a co-pay of \$10.00.